



SPIRIT of JAPAN

2016

2016 Bicycle PARTS

Brand Story

busing on high-end parts.

Because of its reliable quality, **Sugino** also produces OEM parts for well-known complete bicycle makers.

Especially, its drive-train parts are chosen by many athletes in various competitions, such as Tour de France, Giro d'Italia, World Championship, Olympics, etc. and contribute their winnings.

Thus, with the know-how accumulated through its long experience, can offer higher-quality parts.

SUGINO ENGINEERING CORPORATION

http://www.suginoltd.co.jp Feb. 2016 Sugino Printed in Japan







OXSeries











OX crank offers advanced performance in various scenes, such as road races, triathlon, hill climbing

OX901D is 10% lighter than the conventional model, compatible with Shimano 11 speed and designed anew for smoother shifting.









P.C.D. : 110mm / 74mm

B.B. : MB-608-II (X See page 9) With B.B. : SHIMANO 11Speed / 10Speed Compatibility : 160 / 165 / 167.5 / 170 / 172.5 / 175mm Crank Length

: Hard forged aluminum alloy Crank

Chain Line : 43.5mm : 145mm Q Factor Combinations : 52-36T

50-36T / 50-34T

48-36T / 48-34T / 48-<mark>32T</mark>

46-36T / 46-34T / 46-32T / 46-30T

44-36T / 44-34T / 44-32T / 44-30T





-1-

Ankle clearance and super low Q-factor

The OX crank has a large "ankle clearance" which prevents rider's shoes from hitting the crank.

The super low Q-factor (minimized to 145mm) perfectly symmetric (A=B) is more efficient in pedaling and reduces the stress on the foot.

Super low Q-factor 145mm Ankle clearance

Chainwheel Sei

A variety of crank lengths

The cranks are available in lengths from 165 through 175 in 2.5mm increments and a short length of 160mm. The riders can choose one depending on their physical needs and lifestyles. The optimal riding position will reduce the stress on the body while pedaling.

Compact Plus+ -

It is a double crank but designed to use both 74mm and 110mm PCDs. This mounting pattern is **Sugino** original, called "Compact Plus+", which enables the use of inner ring smaller than 34T and ensures a wide range of compatible rings and effective gear ratios. Compact Plus+ offers higher performance in such scenes that require physical strength, like hill climbing, cyclocross, long-distance ride.



"Compact Plus+" ensures a range of effective gear ratios for various scenes.

Compact (P.C.D.110mm)

EV110S

52-36T 50-36T / 50-34T 48-36T / 48-34T

46-36T / 46-34T 44-36T / 44-34T

Compact Plus+

(P.C.D.110 & 74mm) CP110S & 74S

48-32T

46-32T / 46-30T

44-32T / 44-30T

Road Races / Triathlon

For close-fought road races and short-distance triathlon, the $52T/36T\sim50T/34T$ combinations are the most suitable. For long-distance triathlon, to fight alone against air resistance, the outer chainring should be chosen among from 48T \sim 52T depending on couse conditions.

50T/34T 52T/361

Granfondo / Touring

In order to ride with constant speed over a long distance, the outer chaining should be chosen among from the $46T \sim 50T$ For mountain courses, the inner chainring between 30T ~ 32T would be the bestchoice.

46T/30T

Cvclocross

When riding off-roading, performance becomes more important than speed. So, the 44T ~ 46T are the most suitable outer

44T/30T

Hill Climbing

The average speed is comparatively-slow, but a great deal of stamina is required. So, by using the 30T \sim 32T inner chaining. you can maximize your energy.

44T/30T 46T/30T

48T/32

LOW **PERFORMANCE** PF30 & BB 30 compatible Ø30mm Through Axle







Sugina

The chainwheel set for professionals, combining both lightweight and high strength, 11 speed compatible, with a 30mm axle for BB30 or PF30 bottom bracket. The bottom brackets are user selectable.



EXP130 ZEN STRADA

P.C.D.

B.B. : select from **(A)~(D)** types above : SHIMANO 11Speed / 10Speed Compatibility : 165 / 167.5 / 170 / 172.5 / 175mm Crank Length : Hard forged aluminum alloy Crank

Chain Line : 43.5mm Q Factor : 145mm

Combinations : 54-42T / 54-39T

53-42T / 53-39T

The ZEN STRADA is a Super chainring with an aero-shape design suitable for Time trial and Triathlon races, and its rigidity is the world

The high-precision CNC chainring creates smooth rotations. It also features highly-rigid shifting pins to ensure smooth shifting without loss of power.

BB set for PF30 For Sugino EXP crankset



For Sugino EXP crankset

BB set for BB30

egrande Similare BB-EXP30 CE Super Ceramic (ceramic bearing)











EXP110 - 901D

B.B. select from A~D types above : SHIMANO 11Speed / 10Speed : 165 / 167.5 / 170 / 172.5 / 175mm Compatibility Crank Length Crank Hard forged aluminum alloy

Chain Line 43.5mm Q Factor

50-36T / 50-34T 48-36T / 48-34T 46-36T / 46-34T











EXP110 - 601D

Color P.C.D. 110mm B.B.

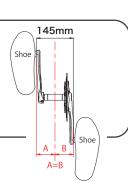
select from (B,(D) types above SHIMANO 11Speed / 10Speed 165 / 167.5 / 170 / 172.5 / 175mm Compatibility Crank Length Hard forged aluminum alloy

Chain Line 43.5mm Q Factor 52-36T Combinations

50-36T / 50-34T 48-36T / 48-34T 46-36T / 46-34T

Super low Q-factor

The super low Q-factor (minimized to 145mm) perfectly symmetric (A=B) is more efficient in pedaling and reduces the stress on the foot.



Sugino







P.C.D. : 110mm

: 4-TAPER (JIS) Type CBBF-110 With B.B. B.B.

: SHIMANO 10Speed / 9Speed Compatibility

: 160 / 165 / 167.5 / 170 / 172.5 / 175mm Crank Length

JIS TAPER

Silver / Black Color

Crank : Forged aluminum alloy : 43.5mm (CBBF-110) Chain Line : 50-36T / 50-34T Combinations

> 48-36T / 48-34T 46-36T / 46-34T

CBBF-110

· 110mm 4-TAPER (JIS) Cup Thread : BC1.37×24T

For longtime bike lovers, for road & touring.

The classic style unaltered through time, succeeded the name of

"Sugino Mighty"

With EV chainrings*, Mighty series

are up-graded to 11 speed version.

% EV \rightarrow See page 7



Silver







Mighty Comp.Road - 901D

P.C.D. : 130mm : 4-TAPER (JIS) Type : CBBAL-110 With B.B. B.B.

Crank Length : 160 / 165 / 167.5 / 170 / 172.5 / 175mm : SHIMANO 11Speed / 10Speed Compatibility

: Silver / Black Color

Crank : Forged aluminum alloy : 43.5mm (CBBAL-110) Chain Line **Combinations** : 53-39T / 53-38T

46-39T / 46-38T





Silver







Silver

P.C.D.

Type

Color

Crank

Chain Line

Compatibility

Crank Length

Combinations : 52-36T

B.B.

Mighty Mignon - 901D

: 110mm

: 4-TAPER (JIS)

: Silver / Black

CBBAL-110 With B.B.

: Forged aluminum alloy

: 43.5mm (CBBAL-110)

50-36T / 50-34T

48-36T / 48-34T 46-36T / 46-34T

44-36T / 44-34T

: 140 / 145 / 150 / 155mm

: SHIMANO 11Speed / 10Speed

Mighty Tour - 901D

P.C.D. : 110mm : 4-TAPER (JIS) Type : CBBAL-110 With B.B. B.B.

Compatibility : SHIMANO 11Speed / 10Speed Crank Length : 160 / 165 / 167.5 / 170 / 172.5 / 175mm

: Silver / Black Color

Crank : Forged aluminum alloy : 43.5mm (CBBAL-110) Chain Line

: 52-36T Combinations

50-36T / 50-34T 48-36T / 48-34T 46-36T / 46-34T 44-36T / 44-34T



BB for Mighty Series



Tool

TL-CBB (BB installation tool)

applicable tool

• 1/2inch (12.7mm) socket wrench

applicable model

Sugino square taper cartridge BB (CBBAL, CBBF, all sizes)
 Custom Works BB for Ф24mm axle (BB SLC)

Shimano square taper cartridge BB

Extractor #202 / #203B (Crank removal tool)

• 15mm hexagonal socket with handle (#202)

● 14mm hexagonal wrench, 16mm spanner (#203B)

applicable model





Sugino



ROAD CHAINRING

ROAD CHAINRING

Extensive lineup, from 11 speed to 7 speed

PCD130mm, 110mm and 74mm chainrings with a variety of sizes



P.C.D. = B.C.D.		
Pitch Circle Diameter	:	P.C.D.
Bolt Circle Diameter	:	B.C.D.

11 Speed (SHIMANO compatible)



Model SPEED	ZEN STRADA
lmage	
P.C.D.	130mm
Outer	53 / 54 / 55T
Inner	39 / 42T ※
Material	CNC aluminum alloy
Compatibility	SHIMANO 11Speed / 10Speed
Color	● Black
	: E) (1 000 /:

* The same specifications as EV130S (inner)





Shifting performance

The chainrings precisely machined are not only beautiful. By providing a path for the chain on the backside, smoother shifting is realized.

The recessing structure restrains the weight increase while maintaining strength and stiffness. The high rigid shifting pins minimize momentum loss when changing gears.

Thus, Sugino 11 speed and 10 speed chainrings are the top quality products made using such latest

10 Speed (SHIMANO compatible)

10 SPEED Model	PE130S	PE110S	PE74S		
Image					
P.C.D.	130mm	110mm	74mm		
Outer	46 / 53 / 56T	40 / 42 / 44 / 46 / 48 / 50 / 52T	_		
Inner	38 / 39 / 42 / 44T	34 / 36T	24 / 26 / 28 / 30 / 32T		
Material	CNC aluminum alloy				
Compatibility	SHIMANO 10Speed / 9Speed				
Color	● Black , ○ Silver				

8 SPEED Model	130J	110J	110J & 74J (For Triple)				
lmage							
P.C.D.	130mm	110mm	110mm & 74mm				
Outer	46 / 48 / 50 / 52 / 53 / 54 / 56 / 60T	46 / 48 / 50 / 52 / 53 / 54T	Combination 48 - 38 - 28T 48 - 36 - 26T				
Inner	38 / 39 / 40 / 42 / 44T	110J - 110J - 74J 48 - 36 - 24T					
Material		Aluminum alloy					
Compatibility		8Speed / 7Speed	d / 7Speed				
Color	○ Silver						

Compact Plus+

It is a double crank but designed to use both 74mm and 110mm PCDs. This mounting pattern is Sugino's original, called "Compact Plus+", which enable the use of inner ring smaller than 34T and ensures a wide range of compatible rings and effective gear ratios. Compact Plus+ offers higher performance in such scenes that require physical strength, like hill climbing, cyclocross, long-distance ride.

Crank Length and Body Height Chart

This chart shall be used only as a guide.

Please choose a crank length depending on your physical needs.

We would recommend consulting a professional for a suitable crank length



		Crank Length : mm									
		175	172.5	170	167.5	165	160	155	150	145	140
	185										
	180										
t : cm	175										
	170										
igh	165										
Height	160										
	150										
	140										

SMALL

PARTS

Bottom Bracket

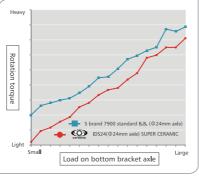


SUPER CERAMIC

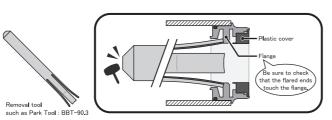
GENERAL OVERSIZED BB SERIES FOR ROAD BIKE

New series in the bottom bracket lineup featuring excellent rotational performance! The high precision ceramic bearing system realizes amazing smooth rotational performance. SUGINO focused on minimizing rotational resistance in win-or-lose situations such as during acceleration and under high-load conditions.

As a result, we succeeded in reducing the resistance by 20% for Road BB!



- The rigidity of the cup is increased, the rotational performance is further improved.
- The dust-proofing effect is increased without impairing the rotational performance.
- For the Press fit BB, a hammer type removal tool (such as Park Tool: BBT-90.3) can be used.



BB30-IDS24 CONVERTER is renewed to fit both BB30 and BB30A frames!



























- ※1 : inner diameter
- ※2 : width

Sugino Road Bike bottom brackets are compatible with;

· IDS24 series

· SHIMNO Ø24mm axle road cranks

※Please contact a professional for installation and settings.

Ø 24mm axle

SHIMANO 11 Speed Di2 Compatible

Due to the shape of the water sheath, there is enough space for Di2 internal cable routing.



*Please consult with a Professional when choosing BB.

Aluminum Shim Tape

The aluminum shim tape is for Sugino press fit BB series, which is used to compensate for gaps between the BB and frame by wrapping it around the BB cup and secure the BB.







SMALL PARTS

CHAINRING FIXING BOLTS & NUTS						
	Color	Model No.	BOLT	NUT		
	Silver	#801 SL				
	Black	#801 BK	Torx	Hexagon		
OV C	Blue	#801 BL	30			
OX Compact bolt set & spacer	Red	#801 RD				
Doit set & spacer	Gold	#801 GO				
	Pink	#801 PK		•		
	Green	#801 GN				
	Silver	#803 SL				
	Black	#803 BK	Torx			
OX Compact Plus+	Blue	#803 BL	1011			
bolt set	Red	#803 RD	30	NUT		
DOIL SEL	Gold	#803 GO				
	Pink	#803 PK	•			
	Green	#803 GN				
	Silver	#703 SL		Hexagon		
	Black	#703 BK	Torx			
EVD / Missher	Blue	#703 BL	1011			
EXP / Mighty bolt set	Red	#703 RD	30			
DOIL SEL	Gold	#703 GO				
	Pink	#703 PK	•	•		
	Green	#703 GN				
RD Messenger / BMX	CP	#402 CP	5 Hexagon	NUT		
bolt set	Black	#402 BCP	OTTEXAGOIT	NOT		
XD	CP	#403 CP		NUT		
steel bolt set	Black	#403 BCP	Hexagon	NUT		
Inner steel bolt	СР	#403 BOLT		-		

Crank spacer set for two-piece cranks (Φ24mm axle) Put them between a bottom bracket and a crank to adjust a distance. Φ 29 × Φ 24 × t0.5mm / 3 pieces set



EXP / Mighty bolt set #703

COLOR

OX Compact bolt set & spacer #801

OX Compact Plus+ bolt set #803

For OX series Compact (PCD110mm) w/3.4mm spacers

For EXP series and Mighty series

For OX series Compact Plus+ (PCD110mm & PCD74mm)

The high-strength aluminum alloy torx bolt is much more durable compared with a standard alloy bolt. It is lightweight, strong and beautifully colored.







5 piece set





BB AXLE BOLTS							
Model	Tool	Material	Reference				
KPB	8 Hexagon						
14BK	14mm	Cr-Mo Steel	M8×1.0				
14CP		CI-IVIO SIEEI	IVIO^ I.U				
15CP	15mm						

5 piece set

ŀ	Tool	Material	Reference
	8 Hexagon		
	O14mm	Cr-Mo Steel	M8×1.0
	15mm		

CRANK DUST CAP					
Model	Tool	Material			
CNS Alloy Dust Cap (with 14 Bolt)	5 Hexagon	Aluminum			











14mm





15mm















